



AGES: 3-10 years

LOCATION: Mike Ward Community Park @ the Gazebo 20 Lake Road, Irvine 92604

ABOUT THE CLASS: Have your kids join us for yoga at Mike Ward Community Park. Through breathing techniques, meditation and movement, the children will develop strong and flexible bodies as well as find a calm and peaceful mind.

CLASS TIME: 30 minutes

BRING: Yoga mat

CLASS PRICE: \$15 per student payable through Venmo @ockidsyoga, Zelle @ ockidsyoga@gmail.com, or cash upon arrival

venmo



NOTES:

- If you are waitlisted, you will receive a confirmation email if you get into class.
- If you do not see a "Sign Up" button, class is full. Check back soon, as spots do open up!
- Please arrive no earlier than 10 minutes before class starts. Your child must be picked up by 10 minutes after class.

SAFETY STANDARDS: By attending class, my child will follow all safety standards including practicing distance, practicing with a mask, practicing contact free, checking in with health before class. Temperature will also be taken at the entrance. please arrive no earlier than 10 minutes before class starts. Your child must be picked up by 10 minutes after class.